

Spring Menu

RACHEL'S LUNCH

Snacks & Apps

FRIED CALAMARI - 19

GOLDEN FRIED - SIDE OF TOMATO SAUCE

BUFFALO WINGS* - 16

BLEU CHEESE DRESSING & CELERY

Brunch *served until 2 pm*

TWO EGGS ANY STYLE - 12.5

CHOICE OF TOAST - SIDE OF FRENCH FRIES

+ additional +2.5 / egg whites only +3

add side of bacon, ham or sausage +3.75

RACHEL'S SANTE FE BURRITO - 18

SCRAMBLED EGGS, POTATOES, SAUTÉED ONIONS, CHEDDAR CHEESE AND JALAPENOS, WHOLE WHEAT TORTILLA

Salad

RACHEL'S HOUSE SALAD - 17

LETTUCE, CHICKPEAS, CUCUMBER, ARTICHOKE HEARTS, FRESH MOZZARELLA & TOMATO - ITALIAN VINAIGRETTE

GREEK SUMMER SALAD - 17

ROMAINE LETTUCE, CUCUMBER, TOMATO, KALAMATA OLIVES, PEPPERONCINI, RED ONION, FETA CHEESE - LEMON-PARSLEY VINAIGRETTE

Burgers, Sandwiches & Wraps *served with French fries*

BEACH BURGER*

8OZ. BLACK ANGUS BEEF 20

+ add cheese \$2 American or Mozzarella

add bacon, mushrooms, onions 2.5 ea.

CHICKEN CAESAR WRAP* - 17.5

GRILLED CHICKEN, CRISP ROMAINE, PARMIGIAN - WHOLE WHEAT WRAP

LENTIL WRAP - 17.5

MARINATED LENTILS WITH LETTUCE, TOMATO, ONION, CUCUMBER & FETA CHEESE ON A WHOLE WHEAT WRAP

BUTTERMILK FRIED CHICKEN

SANDWICH* - 18

COLESLAW & DILL PICKLE

BLACKENED MAHI-MAHI

SANDWICH - 21

CAJUN STYLE, WITH LETTUCE, TOMATO AND A HOUSE MADE TARTAR SAUCE ON CIABATTA

Substitute Gluten Free Roll 2.75

BOWL OF MUSSELS - 20

STEAMED OPEN WITH AROMATIC VEGETABLES & BEER

FLATBREAD PIZZETTE - 15

TOMATO SAUCE, FRESH MOZZARELLA & BASIL CHIFFONADE

CLASSIC CHEESE OMELETTE - 16.5

CHOICE OF AMERICAN, SWISS OR CHEDDAR & TOAST

SIDE OF FRENCH FRIES

ADD IN BACON, HAM OR SAUSAGE 18.5

LIGHT OMELETTE - 19

THREE EGG WHITE OMELETTE, WITH MUSHROOMS, SPINACH AND ONIONS AND CHOICE OF TOAST AND A SIDE OF FRENCH FRIES

Add a Topping ~

grilled chicken breast +7*

grilled salmon +14*

grilled shrimp +3.75 each

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

Rachel's reserves the right to add a 20% gratuity to your check